



News Release

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UDOH Issues Mammography Recommendations

(Salt Lake City, UT) – In April 2010, the Utah Department of Health (UDOH) convened an expert panel to discuss the US Preventive Services Task Force (USPSTF) recommendations on breast cancer screening. As a result of that public meeting and internal deliberations, the UDOH recommends the following:

- The UDOH strongly supports the USPSTF in emphasizing that mammography is a proven and effective way to detect breast cancer and prevent breast cancer deaths.
- Women age 40 and older should undergo routine mammography screening.
- All women who undergo mammography should receive information about its benefits and risks.

The Utah Cancer Control Program provides free and low cost mammograms to women ages 50 to 64 who qualify. For more information, call 1-800-717-1811.

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The mission of the Utah Department of Health is to protect the public's health through preventing avoidable illness, injury, disability and premature death, assuring access to affordable, quality health care, and promoting healthy lifestyles.